



Mini Monkeys at The Quays

ACTIVE NATION

What is Mini Monkeys?

Mini Monkeys is a programme that introduces very young children to the basics of diving without going in the pool! This is achieved by following a series of simple exercises, with a fun approach that is a proven success! The Quays Swimming and Diving Complex is now planning a new course starting in March 2013 and we would love you to join us!

Who is aimed at?

Mini Monkeys is for children aged 4 – 6 years. All children will be invited to take part in an initial assessment, to check that they have the appropriate physical potential together with sufficient concentration span to benefit from the scheme.

When does it take place?

There are currently no Mini Monkeys sessions. Dates to be announced soon.

Other key information?

The children will need to wear T-shirt, shorts and bare feet in the studio (they must have footwear outside of the training area). We are unable to accommodate spectators as space is limited in the studio and they can be distracting for the children.

For further information please contact Annie 02380 720922 or annie.clewlou@activenation.org.uk