

BACK **2** BADMINTON

Haven't played in years? Fancy giving it a go?

Back 2 Badminton is a fun, friendly and relaxed 6-8 week programme of coaching. The sessions are designed for people that have not been on a badminton court in years and who are looking to get some exercise or for those looking to learn how to play a new sport in a sociable environment with like-minded people. Each programme will take you through the basics from scoring to serving, whilst building the skill and confidence you need to enjoy the game and have fun!

Dust off your racket and get Back **2** Badminton

New Back 2 Badminton Course at Chamberlayne Leisure Centre

Starts Sunday 29th January 11-12pm

£18 for 6 week course. Book your place now!

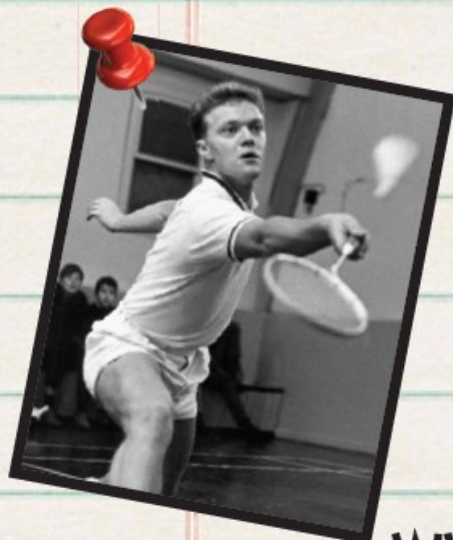
To book your place contact reception on 02380 437668

or email chamberlayne@activenation.org.uk

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For more information about Back 2 Badminton and other badminton sessions or clubs in your local area, please contact your local BADMINTON England Regional Officer

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BADMINTON
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Play it. Love it. Live it.

www.playbadminton.co.uk