

# WHITE HORSE LEISURE CENTRE SWIM SCHEDULE Valid from 5 July 2010 to 3 October 2010

| LANE    | MONDAY        |   |   |   |   |   |   |   | TUESDAY       |   |   |   |   |   |   |   | WEDNESDAY     |   |   |   |   |   |   |   | THURSDAY      |   |   |   |   |   |   |   | FRIDAY        |   |   |   |   |   |   |   | SATURDAY      |   |   |   |   |   |   |   | SUNDAY        |   |   |   |   |   |   |   | LANE          |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
|---------|---------------|---|---|---|---|---|---|---|---------------|---|---|---|---|---|---|---|---------------|---|---|---|---|---|---|---|---------------|---|---|---|---|---|---|---|---------------|---|---|---|---|---|---|---|---------------|---|---|---|---|---|---|---|---------------|---|---|---|---|---|---|---|---------------|---|---|---|---|---|---|---|--------|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|---------|--|--|--|--|--|--|--|---------|--|--|--|--|--|--|--|--------|--|--|--|--|--|--|--|---------|
|         | 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 1             | 2 | 3 | 4 | 5 | 6 | 7 | 8 |               | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8      |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 6:30AM  | CASUAL SWIM   |   |   |   |   |   |   |   | CASUAL SWIM   |   |   |   |   |   |   |   | CASUAL SWIM   |   |   |   |   |   |   |   | CASUAL SWIM   |   |   |   |   |   |   |   | CASUAL SWIM   |   |   |   |   |   |   |   | CASUAL SWIM   |   |   |   |   |   |   |   | CASUAL SWIM   |   |   |   |   |   |   |   | 6:30AM        |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 7:00AM  | LANE SWIMMING |   |   |   |   |   |   |   | LANE SWIMMING |   |   |   |   |   |   |   | LANE SWIMMING |   |   |   |   |   |   |   | LANE SWIMMING |   |   |   |   |   |   |   | LANE SWIMMING |   |   |   |   |   |   |   | LANE SWIMMING |   |   |   |   |   |   |   | LANE SWIMMING |   |   |   |   |   |   |   | LANE SWIMMING |   |   |   |   |   |   |   | 7:00AM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 7:30AM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  | 7:30AM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 8:00AM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 8:00AM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 8:30AM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 8:30AM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 9:00AM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 9:00AM |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 9:30AM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 9:30AM  |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 10:00AM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 10:00AM |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 10:30AM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 10:30AM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 11:00AM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 11:00AM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 11:30AM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 11:30AM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 12:00PM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 12:00PM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 12:30PM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 12:30PM |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |
| 1:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 1:00PM |  |  |  |  |  |  |  |         |
| 1:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 1:30PM |  |  |  |  |  |  |  |         |
| 2:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 2:00PM |  |  |  |  |  |  |  |         |
| 2:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 2:30PM |  |  |  |  |  |  |  |         |
| 3:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 3:00PM |  |  |  |  |  |  |  |         |
| 3:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 3:30PM |  |  |  |  |  |  |  |         |
| 4:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 4:00PM |  |  |  |  |  |  |  |         |
| 4:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 4:30PM |  |  |  |  |  |  |  |         |
| 5:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 5:00PM |  |  |  |  |  |  |  |         |
| 5:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 5:30PM |  |  |  |  |  |  |  |         |
| 6:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  | 6:00PM |  |  |  |  |  |  |  |         |
| 6:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 6:30PM  |
| 7:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 7:00PM  |
| 7:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 7:30PM  |
| 8:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 8:00PM  |
| 8:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 8:30PM  |
| 9:00PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 9:00PM  |
| 9:30PM  |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 9:30PM  |
| 10:00PM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 10:00PM |
| 10:30PM |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |               |   |   |   |   |   |   |   |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |         |  |  |  |  |  |  |  |        |  |  |  |  |  |  |  | 10:30PM |

- LANE SWIMMING
- LESSONS
- FAMILY MAT SESSION
- CASUAL SWIM
- STAFF TRAINING
- AQUACISE
- AQUA NATAL
- SCHOOL USE
- PRIVATE
- SWIM TRAIN
- TRIATHLON CLUB

Please note you must be aged 16 years or above to attend a class. Active Nation reserves the right to change the location, time or classes within the timetable at their discretion. Please consider the environment before printing this timetable.