



## WHLTC Swim Lessons Schedule

Stage 1/2					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:30pm	3.30pm	3.30pm	3.30pm	3.30pm	8.30am
3.30pm D	3.30pm D	4.00pm	4.00pm	3.30pm	8.30am
4.30pm	3.30pm	4.30pm	5.00pm	4.00pm	9.00am
5.30pm	4.00pm	5.30pm	5.30pm D	5.00pm	9.00am D
	4.30pm	5.30pm			9.30am D
	5.30pm				10.30am
					11.00am
					11.00am

Stage 3					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:30pm	4.00pm	3.30pm D	3.30pm	3.30pm D	8.00am
4.30pm	5.00pm	3.30pm	4.00pm	4.00pm	9.00am
5.00pm	5.00pm	4.00pm	4.30pm	4.30pm	9.30am D
5.30pm	5.30pm	5.00pm	5.00pm D	4.30pm	
6.00pm	6.00pm	5.00pm	5.30pm	5.00pm	
		6.00pm			

Stage 4					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4.00pm	4.30pm	4.30pm	4.30pm	5.30pm	9.30am
4.00pm	4.30pm D	5.00pm D	5.00pm	5.30pm	10.00am
5.00pm	5.00pm D	6.00pm	5.30pm		10.00am
5.30pm	5.30pm D		5.30pm D		10.30am
			6.00pm		11.30am D





## WHLTC Swim Lessons Schedule

Stage 5					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4.00pm	4.30pm	4.00pm	4.00pm	4.00pm	8.00am
6.00pm	5.00pm	5.00pm D	5.00pm	5.00pm	8.30am
	5.30pm		6.00pm		10.30am

Stage 6					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4.30pm	4.00pm	4.00pm	4.30pm	4.30pm	9.00am
5.00pm			6.00pm		11.30am

Stage 7					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4.30pm	5.00pm	4.30pm		5.30pm	9.30am

Stage 8					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4.00pm		5.30pm	4.00pm		10.00am
					11.00am

Stage 9					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5.00pm	4.15pm	4.30pm	5.15pm		10.00am
5.45pm					

Stage 10					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5.00pm	4.15pm	4.30pm	5.15pm		10.00am
5.45pm		5.15pm			





## WHLTC Swim Lessons Schedule

Swim4Fitness					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5.30pm				

Rookie Lifeguard					
	Tuesday	Wednesday	Thursday	Friday	Saturday
			Bronze	4.00pm	
			Silver	5.00pm	
			Gold	6.00pm	

Mini Polo					
		Wednesday	Thursday	Friday	
			4.30pm		

Pre Sch Stage 1/2					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10.00am	1.30pm		12.30pm	10.30am	
11.00am	1.30pm		1.00pm	1.30pm	
5.45pm	2.00pm				
	2.00pm				

Pre Sch Stage 3					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10.30am	1.00pm		12.30pm		
			1.00pm		





## WHLTC Swim Lessons Schedule

Adult Beginners					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7.30pm		12.00pm		

Adult Improvers					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8.00pm		11.30am		

Adult Advanced					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8.30pm				

