



SCHOOL HOLIDAY ACTIVITIES

ACTIVE NATION

SUMMER HOLIDAYS 2010

SWIMMING LESSONS

5 Day Course	£27.50
8.00am - 8.30am	Stage 1
8.30am - 9.00am	Stage 2
9.00am - 9.30am	Stage 3
9.30am - 10.00am	Stage 4

Stage 1 - for the complete beginner

Stage 2 - for the confident beginner who is happy to swim on their front and back with the use of aids, and also put their face in the water.

Stage 3 - Swim with minimal aids, aiming to swim between 7-10m independently.

Stage 4 - Able to swim 10m on their front and back with the use of arms and basic breast stroke.

ACTIVE KIDZ

8.30am - 5.30pm	£22.00
8.30am - 1.00pm or 1.00pm - 5.30pm	£11.00

Lots of fun, games, sports and days out for children aged 5 - 12 years, every Monday to Friday in the School Holidays.

Examples of activities include team games, free play, active learning, fitness, problem solving and much more.

Active Kidz is fully supervised from 8.30am - 5.30pm.

Tennis Courses

£30 per player	
9.00am - 10.00am	Players aged 4-6 years
10.00am - 11.00am	Players aged 7-8 years
11.00am - 12.00pm	Players aged 9-11 years

Sessions are ideal for beginners and those improving on their techniques. If you would like more information please give us a call and speak to one of our coaches or contact amanda.king@activenation.org.uk

CENTRE OPENING TIMES

Monday - Saturday	6.30am - 10.30pm
The pool closes at 6pm on Saturday	
Sunday	7.00am - 10.30pm

CRÈCHE OPENING TIMES

Monday - Friday	9.00am - 4.00pm
Saturday	9.30am - 12.30pm

WWW.ACTIVENATION.ORG.UK

Managed on behalf of
Vale of White Horse District
Council by Active Nation

