

WHITE HORSE LEISURE & TENNIS CENTRE RPM ETIQUETTE

RPM is one of our most popular exercise classes! There is always a high demand for the class and unfortunately this means that we are often unable to accommodate everyone who wants to attend each session. To make the booking process fair we have introduced a few simple rules:

- RPM can only be pre-booked up to 3 hours before the start of a class; either in person or via the telephone, unfortunately we can't take booking before this time.
- You can book up to a maximum of 2 people either in person or via the telephone, we will not be able to put you on-hold and wait until the booking time.
- RPM customers do not need to collect their receipt if they have already booked in advance.
- If you are unable to attend your booked RPM class please contact the Centre as soon as possible so that we are able to give our other supporters the chance to take the empty place.
- All drinks must be in a plastic container with a lid.
- All participants must wear suitable attire and footwear.
- Please arrive on time for your class as entry will be refused once the class has commenced.
- Please inform the Instructor if you are pregnant, carrying or recovering from any injuries.
- If you are new to the Class please attend one of our RPM Discover Sessions.
- Entry to the Class will be refused if you are not on the register.
- Any Class with less than 5 participants may be cancelled.

Now you know the rules...it's time to get on your bike!

CENTRE OPENING TIMES

Monday - Saturday 6.30am - 10.30pm
The pool closes at 6pm on Saturday
Sunday 7.00am - 10.30pm

CRÈCHE OPENING TIMES

Monday - Friday 9.00am - 4.00pm
Saturday 9.30am - 12.30pm

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Managed on behalf of
Vale of White Horse District
Council by Active Nation