



# SUMMER SWIM COURSES

# ACTIVE NATION

## Sessions available between 26th July - 27th August 2010

### Monday - Friday (5 session course)

Beginners	£15.00	8.00am - 8.45am
Flip 'n' Fun	£15.00	8.00am - 8.45am
Improvers 10m+	£15.00	8.45am - 9.30am
PS/Rookie	£15.00	8.45am - 9.30am
Parent and Toddler	£15.00	9.30am - 10.00am
Flip 'n' Fun (boards)	£15.00	9.30am - 10.00am
Snorkelling	tbc	call for details

### Monday - Friday (single session)

Distance awards 5m to 400m	£1.50	12.30pm - 1.30pm
----------------------------	-------	------------------

### Tuesday & Thursday (single session)

Diving	£3.50	12.30pm - 1.30pm
--------	-------	------------------

### Thursday 12th August

Long distance awards 400m to 3000m	£1.50	9.00am - 12.00pm
------------------------------------	-------	------------------



### YARBOROUGH LEISURE CENTRE OPENING TIMES

Monday - Friday	6.30am - 11.00pm
Saturday	7.00am - 9.00pm
Sunday	7.45am - 10.15pm

[WWW.ACTIVENATION.ORG.UK](http://WWW.ACTIVENATION.ORG.UK)

Please view our website for our booking and cancellation policy

Active Nation working in partnership with

