



CHILDRENS ACTIVITIES

ACTIVE NATION

YARBOROUGH LEISURE CENTRE

Under 4

Parent & Toddler £3.90
Instructor swimming lessons where parents can accompany children in the pool. For ages 1-4 years.

Little Fins £4.80
An exciting introduction to swimming for babies 0-12 months.

Toddler Gym £3.25
Basic gymnastic exercises for ages 2-4 years.

Ages 4 Upwards

Trampoline / Gymnastics £4.50
A mixture of Trampolining and Gymnastics for beginners and intermediate.

Trampolining £3.75
Pike, tuck and straddle as you build techniques to develop your skills.

Swimming £4.80
We love teaching swimming, we have lessons to learn improve and excel available for all ages. Our team of qualified of instructors follow the ASA National Teaching Plan.

Circus Skills £3.00
An exciting new course where you will learn all kinds of fun circus activities from plate spinning & juggling to uni-cycling! Suitable for the whole family!

Ages 5 Upwards

Junior Tennis £4.00
Coaching sessions to improve on technique, court agility and coordination. Step onto the court for game, set and match! Suited for 5-9 year olds.

Cardio Kids £3.00
Rock out with Rio and learn the latest dance moves! An aerobics based session suitable for ages 6-12.

Ages 8 Upwards

Junior Basketball £3.50
Lots of fun learning the skills, drills and techniques which can then be put into practice in small team games. A perfect chance for 8-11 year olds to shoot some hoops. Also available for 12-16 year olds.

Junior Badminton £6.50
A fun approach to coaching the rules of Badminton, building a knowledge of technique and shot types, but also helping to focus on the fitness agility and coordination of 8-16 year olds.

Junior Diving Course
Hour £5.40
30 Min £3.80
A great course to get you high-flying off that top board!

Junior Tennis £4.00
Coaching sessions to improve on technique, court agility and coordination. Step onto the court for game, set and match! For ages 9-14 year olds.

Other Activities

Personal Survival £4.80
This course teaches the essentials for swimming safety, improving techniques, confidence in the water and ability.

Rookie Lifeguard £4.80
Learn to become a lifeguard! Fun and safe training is delivered through a series of exciting classes.

School Holidays

During the school holidays we run all of the above activities & more!

Active Sports Camp
Full Day £16.00
1/2 Day £8.00

Make the most of the school holidays and enjoy a range of activities from rounders and basketball to swimming and mini games.

YARBOROUGH LEISURE CENTRE OPENING TIMES

Monday - Friday 6.30am - 11.00pm
Saturday 7.00am - 9.00pm
Sunday 7.45am - 10.15pm

WWW.ACTIVENATION.ORG.UK

Active Nation working
in partnership with

